Before & After

	Place 'Before' 4x6 photo here		Place 'After' 4x6 photo here	
Before THM		After THM		
Date:	Weight:	Date:	Weight:	
Shirt Size:	Pants Size:	Shirt Size:	Pants Size:	
Measurements:		Measurement	Measurements:	
Neck:	Bust:	Neck:	Bust:	
Hips/Butt:	Waist:	Hips/Butt:	Waist:	
Upper Thigh	Calf:	Upper Thigh	Calf:	
Ankle:	Upper Arm:	Ankle:	Upper Arm:	
Forearm:	Wrist:	Forearm:	Wrist:	